



**12**  
**TUE**

12 MAY 2026, TUESDAY

**PROGRAMME AT A GLANCE**

TRACK 1  
BASIC  
SCIENCE

TRACK 2  
BEHAVIOURAL SCIENCE  
AND PUBLIC HEALTH

TRACK 3  
CHILDHOOD AND  
ADOLESCENT OBESITY

TRACK 4  
OBESITY MANAGEMENT  
AND INTERVENTION

| TIME        | HALL 1<br>2,200 PAX   | HALL 2<br>680 PAX  | HALL 3<br>640 PAX  | HALL 4<br>400 PAX   | HALL 5<br>1,280 PAX  | HALL 6<br>480 PAX  | MEETING ROOM 36<br>(B3 FLOOR)<br>100 PAX | EXHIBITION AREA              |
|-------------|---|--|--|---|--|--|--|------------------------------|
|             | EASO Teaching Workshops   | EASO Teaching Workshops  | EASO Teaching Workshops  | EASO Teaching Workshops   | EASO Teaching Workshops  | EASO Teaching Workshops  | EASO Teaching Workshops                  |                              |
|             | COFFEE BREAK / EXHIBITION AREA (10:00-10:30)  |  |  |   |  |  |  |                              |
| 08:30-12:00 | EASO Obesity Management Working Group and PCDE  | EASO Nutrition Working Group and EFAD  | EASO Behavioural, Psychology & Mental Health Working Group                                       | EASO Childhood Obesity Working Group  | EASO Physical Activity, Fitness and Function Working Group   | EASO Sarcopenic Obesity and Obesity on Older Adults - SO3A Working Group Workshop  | Basic & Discovery Science Working Group  |                              |
| 12:30-14:00 | Topic Sessions<br>T4 Topic Session:<br>How to Adapt Lifestyle Intervention in Patients Using Incretin-Based OMM | Topic Sessions<br>T2 Topic Session:<br>Obesity Stigma: Strategies to Prevent and Reduce Obesity Stigma in Healthcare and Society | Topic Sessions<br>T3 Topic Session:<br>Neurodevelopmental Disorders & Obesity in Children        | Topic Sessions<br>T1 Topic Session:<br>Deconvoluting Adipose Tissue Complexity                    | Accepted Symposium<br>The Nature Medicine Commission on Data-Driven Prevention and Management of Obesity | Accepted Symposium<br>Importance of Weight Management in Women's Health  |  |                              |
|             | LUNCH BREAK / EXHIBITION AREA (13:30-14:30)   |  |  |   |  |  |  |                              |
| 14:15-15:45 | Abstract Sessions<br>T4 Abstract Session:<br>Pharmacotherapy-1  | Abstract Sessions<br>T2 Abstract Session:<br>Food, Physical Activity and Sedentary Behavioural                                   | Abstract Sessions<br>T3 Abstract Session:<br>From Genetic Blueprint To Clinical Care In Children | Abstract Sessions<br>T1 Abstract Session:<br>Adipose Tissue Biology, Energy Metabolism and Health | Joint Session<br>Joint Session:<br>International Policy Symposium  | EASO Sessions<br>EASO Session:<br>Public Health Working Group  |  |                              |
| 15:45-16:15 | COFFEE BREAK / EXHIBITION AREA  |  |  |   |  |  |  |                              |
| 16:15-17:45 | Industry Supported Session<br>Slot 1<br>16:15-17:45   | Industry Supported Session<br>Slot 2<br>16:15-17:45  | Industry Supported Session<br>Slot 3<br>16:15-17:45  | Accepted Symposium<br>Accepted Symposium:<br>Pregnancy: a good time for weight-loss?              | Industry Supported Session<br>Slot 4<br>16:15-17:45  | Accepted Symposium<br>Accepted Symposium:<br>Furthering our understanding of eating disorder risk during obesity treatment: Findings from the EDIT Collaboration |  |                              |
| 17:45-18:30 | Opening Plenary Session:<br>EASO-NNF Obesity Prize for Excellence   |  |  |   |  |  |  |                              |
| 18:30-19:00 | ECO2026 Opening Ceremony  |  |  |   |  |  |  |                              |
| 19:00-20:00 |   |  |  |   |  |  |  | ECO2026<br>Welcome Reception |



**13**  
WED

13 MAY 2026, WEDNESDAY

**PROGRAMME AT A GLANCE**

|             | TRACK 1<br>BASIC SCIENCE  |  | TRACK 2<br>BEHAVIOURAL SCIENCE AND PUBLIC HEALTH   |  | TRACK 3<br>CHILDHOOD AND ADOLESCENT OBESITY   |   | TRACK 4<br>OBESITY MANAGEMENT AND INTERVENTION                                     |
|-------------|---|--|--|--|---|---|--|
| TIME        | HALL 1<br>2,200 PAX   | HALL 2<br>680 PAX  | HALL 3<br>640 PAX  | HALL 4<br>400 PAX  | HALL 5<br>1,280 PAX   | HALL 6<br>480 PAX   | EXHIBITION AREA  |
| 08:30-09:15 | Plenary Lecture<br><br>Track 1 Plenary Lecture: Machine Learning Approaches for Predicting Functional Consequences of Human Genetic Variants  |  |  |  |   |   |  |
| 09:30-11:00 | Joint Session<br><br>Joint Session: EASD Metabolic Health Across the Lifespan: Sex- and Age-Specific Challenges   | Topic Sessions<br><br>T2 Topic Session: Policy Adoption & Implementation: Evidence-Driven Adoption of Public Health Policies | Topic Sessions<br><br>T3 Topic Session: Obesity-Driven Tissue Dysfunction and the Road Back                            | Topic Sessions<br><br>T1 Topic Session: Interorgan Crosstalk   | Topic Sessions<br><br>T4 Topic Session: Obesity in Older Adults at Risk of Disability | Joint Session<br><br>Joint Session: ESPE                                    |  |
| 11:00-11:30 | COFFEE BREAK / EXHIBITION AREA  |  |  |  |   |   |  |
| 11:30-13:00 | Abstract Sessions<br><br>EASO T4 Abstract Session: The Maintenance Imperative: Protecting Health Gains after Weight Loss with Incretin Therapies: Results from SURMOUNT-MAINTAIN and ATTAIN-MAINTAIN. | Abstract Sessions<br><br>T2 Abstract Session: Environment and Public Health Policy   | Abstract Sessions<br><br>T3 Abstract Session: From Origins to Outcomes: Lifecourse Exposures In And Across Generations | Abstract Sessions<br><br>T1 Abstract Session: Organ Crosstalk in Metabolic Disease: Gut-Liver-Brain Axes and Cellular Adaptation | Abstract Sessions<br><br>T4 Abstract Session: Digital Solutions to Obesity            | EASO Sessions<br><br>EASO-NNF NI Award Session                              |  |
| 13:00-14:00 | LUNCH BREAK / EXHIBITION AREA (13:00-14:00)   |  |  |  |   |   |  |
| 13:45-15:15 | Industry Supported Session<br><br>Slot 5<br>13:45-15:15   | Industry Supported Session<br><br>Slot 6<br>13:45-15:15  | Industry Supported Session<br><br>Slot 7<br>13:45-15:15  |  | Industry Supported Session<br><br>Slot 8<br>13:45-15:15                               |   | Posters Viewing<br>13:00-15:00   |
| 15:15-16:00 | Plenary Lecture<br><br>Track 2 Plenary Lecture: Ultra-Processed Foods: The State of the Science and Future Directions for Research and Policy   | Industry Supported Session<br><br>Slot 9<br>15:15-16:30  |  |  |   |   |  |
| 16:00-16:30 | COFFEE BREAK / EXHIBITION AREA  |  |  |  |   |   |  |
| 16:30-18:00 | Topic Sessions<br><br>T4 Topic Session: Reframing Diagnosis and Management of Obesity   | ECPO Session<br><br>ECPO Session   | Joint Session<br><br>Joint Session: IFSO-EC  | Joint Session<br><br>Joint Session: WHO  | EASO Sessions<br><br>EASO Paediatric COMs   | EASO Sessions<br><br>EASO Early Career Network (ECN) Best Thesis Award 2026 |  |
| 18:00-19:30 |   | Industry Supported Session<br><br>Slot 11<br>18:00-19:30   |  |  |   |   | Track Specific Posters Networking Reception:<br>Track 1 and Track 3<br>18:00-19:00 |



**14**  
**THU**

14 MAY 2026, THURSDAY

**PROGRAMME AT A GLANCE**

|             | TRACK 1<br>BASIC SCIENCE  |   | TRACK 2<br>BEHAVIOURAL SCIENCE AND PUBLIC HEALTH   |  | TRACK 3<br>CHILDHOOD AND ADOLESCENT OBESITY  |   | TRACK 4<br>OBESITY MANAGEMENT AND INTERVENTION                                     |                          |
|-------------|---|---|--|--|--|---|--|--------------------------|
| TIME        | HALL 1<br>2,200 PAX   | HALL 2<br>680 PAX   | HALL 3<br>640 PAX  | HALL 4<br>400 PAX  | HALL 5<br>1,280 PAX  | HALL 6<br>480 PAX   | EXHIBITION AREA  | ECN LOUNGE<br>(B2 FLOOR) |
| 08:30-09:15 | Plenary Lecture<br>Track 3 Plenary Lecture: Double Burden of Underweight & Obesity in Children                |   |  |  |  |   |  |                          |
| 09:30-11:00 | Topic Sessions<br>T4 Topic Session: EASO COMs Session: OMMs - Real-world Evidence                             | Topic Sessions<br>T2 Topic Session: Advanced Measurement of Movement Behavioural  | Topic Sessions<br>T3 Topic Session: Hungry by Design?  | Topic Sessions<br>T1 Topic Session: The (Epi)genomic Landscape of Obesity in 2026 and Beyond                             | Joint Session<br>Joint Session: ESC Obesity and Cardiovascular Disease: Causal Relations and Implications for Prevention and Therapy | Joint Session<br>Joint Session: EFAD  |  |                          |
| 11:00-11:30 | COFFEE BREAK / EXHIBITION AREA  |   |  |  |  |   |  |                          |
| 11:30-13:00 | Topic Sessions<br>T4 Topic Session: Does Gender Really Matter? Gender Differences in Obesity Management       | Abstract Sessions<br>T1 Abstract Session: Novel Drugs and Mechanisms of Action    | Abstract Sessions<br>T2 Abstract Session: Eating Behaviours and Obesity                            | Abstract Sessions<br>T3 Abstract Session: Pharmacotherapy in Child & Adolescent Management: Opportunities and Challenges | Abstract Sessions<br>T4 Abstract Session: Hot Topics   | Accepted Symposium<br>Treating to Target in Obesity Care: Evolving Approaches in Obesity Management | EASO Sessions<br>EASO - NNF 2025 Award Winners Review Session                      |                          |
| 13:45-15:15 | LUNCH BREAK / EXHIBITION AREA (13:00-14:00)   |   |  |  |  |   |  |                          |
|             | Industry Supported Session<br>Slot 12<br>13:45-15:15  | Industry Supported Session<br>Slot 13<br>13:45-15:15                              | Industry Supported Session<br>Slot 14<br>13:45-15:15   |  | Industry Supported Session<br>Slot 15<br>13:45-15:15   |   | Posters Viewing<br>13:00-15:00   |                          |
| 15:30-16:15 | Plenary Lecture<br>Track 4 Plenary Lecture: The Growing Role of Artificial Intelligence in Obesity Management |   |  |  |  |   |  |                          |
| 16:15-16:45 | COFFEE BREAK / EXHIBITION AREA  |   |  |  |  |   |  |                          |
| 16:45-18:15 | Abstract Sessions<br>T4 Abstract Session: Complications   | Abstract Sessions<br>T2 Abstract Session: Trends and Disparities in Weight Change | Abstract Sessions<br>T1 Abstract Session: Diet, Body Composition and Cardiometabolic Complications | EASO Sessions<br>EASO Guidelines Session   | Joint Session<br>Joint Session: EASL   | Accepted Symposium<br>TBC   |  |                          |
| 18:15-19:45 |   |   |  |  |  |   | Track Specific Posters Networking Reception:<br>Track 2 and Track 4<br>18:00-19:05 |                          |



**15 FRI**

15 MAY 2026, FRIDAY

**PROGRAMME AT A GLANCE**

|             | TRACK 1<br>BASIC SCIENCE       |   | TRACK 2<br>BEHAVIOURAL SCIENCE AND PUBLIC HEALTH  |  | TRACK 3<br>CHILDHOOD AND ADOLESCENT OBESITY   |   | TRACK 4<br>OBESITY MANAGEMENT AND INTERVENTION |  |
|-------------|--------------------------------|---|---|--|---|---|--|--|
| TIME        | HALL 1<br>2,200 PAX            | HALL 2<br>680 PAX   | HALL 3<br>640 PAX   | HALL 4<br>400 PAX  | HALL 5<br>1,280 PAX   | HALL 6<br>480 PAX   | EXHIBITION AREA                                |  |
| 08:30-09:15 |                                | Special Plenary Session<br>Neurobiological Drivers of Appetite and Reward       |   |  |   |   |  |  |
| 09:30-11:00 |                                | Topic Sessions<br>T1 Topic Session:<br>Central Control of Energy Balance        | Topic Sessions<br>T2 Topic Session:<br>Obesity & Neurodiversity<br>(inc. ADHD, Autism)              | Abstract Sessions<br>T3 Abstract Session:<br>Management Targets Beyond Weight<br>in Children                         | Abstract Sessions<br>T4 Abstract Session:<br>Pharmacotherapy-2  | Accepted Symposium<br>From Guidelines to Person-Centred<br>Integrated Care: Improving Outcomes<br>for patients living with or at risk of<br>Obesity-related HFpEF |  |  |
| 11:00-11:30 | COFFEE BREAK / EXHIBITION AREA |   |   |  |   |   |  |  |
| 11:30-13:00 |                                | Topic Sessions<br>T3 Topic Session:<br>Obesity Treatment<br>Across its Spectrum | Accepted Symposium<br>New advances and insights in<br>modelling childhood and adolescent<br>obesity | Accepted Symposium<br>Neural circuit origins of obesity:<br>From developmental wiring to<br>pharmacological rewiring | Topic Sessions<br>T4 Topic Session:<br>CV Risk Stratification and Intervention<br>in People Living with Obesity | Joint Session<br>Joint Session: AOASO   |  |  |
| 13:00-13:45 |                                |   |   |  | Closing Plenary Session<br>EASO-NNF Obesity Prize<br>for Excellence Update Session                              |   |  |  |
| 13:45-14:15 |                                |   |   |  | Closing Ceremony  |   |  |  |