



**12
TUE**

12 MAY 2026, TUESDAY

PROGRAMME AT A GLANCE

TRACK 1
BASIC
SCIENCE

TRACK 2
BEHAVIOURAL SCIENCE
AND PUBLIC HEALTH

TRACK 3
CHILDHOOD AND
ADOLESCENT OBESITY

TRACK 4
OBESITY MANAGEMENT
AND INTERVENTION

TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	MEETING ROOM 36 100 PAX	EXHIBITION AREA
	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	
	COFFEE BREAK / EXHIBITION AREA (10:00-10:30)							
08:30-12:00	EASO Behaviour, Psychology & Mental Health Working Group	EASO Childhood Obesity Working Group	EASO Obesity Management Working Group and PCDE	EASO Nutrition Working Group and EFAD	EASO Physical Activity, Fitness and Function Working Group	EASO Sarcopenic Obesity and Obesity on Older Adults - SO3A Working Group	EASO Basic Science Working Group	
12:30-14:00	Topic Sessions T1 Topic Session Deconvoluting Adipose Tissue Complexity	Topic Sessions T2 Topic Session Obesity Stigma: Strategies to Prevent and Reduce Obesity Stigma in Healthcare and Society	Topic Sessions T3 Topic Session Neurodevelopmental Disorders & Obesity in Children	Topic Sessions T4 Topic Session How to Adapt Lifestyle Intervention in Patients Using Incretin-Based OMM	Accepted Symposia Accepted Symposium: Nature Medicine Commission	Accepted Symposia Accepted Symposium		
	LUNCH BREAK / EXHIBITION AREA (13:30-14:30)							
14:15-15:45	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Joint Session Joint Session IFSO_EC	EASO Sessions EASO Session: PHWG		
15:45-16:15	COFFEE BREAK / EXHIBITION AREA							
16:15-17:45	Industry Supported Session Slot 1 16:15-17:45	Industry Supported Session Slot 2 16:15-17:45	Industry Supported Session Slot 3 16:15-17:45	Accepted Symposia Accepted Symposium	Industry Supported Session Slot 4 16:15-17:45	Accepted Symposia Accepted Symposium		
17:45-18:30	Opening Plenary Session EASO-NNF Obesity Prize for Excellence							
18:30-19:00	ECO2026 Opening Ceremony							
19:00-21:00								ECO2026 Welcome Reception



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WED

13 MAY 2026, WEDNESDAY

PROGRAMME AT A GLANCE

	TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA	
08:30-09:15	Plenary Lecture Track 1 Plenary Lecture Genomic Variant Interpretation in Human Disease							
09:30-11:00	Topic Sessions T1 Topic Session Interorgan Crosstalk	Topic Sessions T2 Topic Session Policy Adoption & Implementation: Evidence-Driven Adoption of Public Health Policies	Topic Sessions T3 Topic Session Body Systems in Childhood Obesity	Topic Sessions T4 Topic Session Obesity in Older Adults at Risk of Disability	Joint Session Joint Session: EASD Metabolic Health Across the Lifespan: Sex- and Age-Specific Challenges	Joint Session Joint Session: ESPE		
11:00-11:30	COFFEE BREAK / EXHIBITION AREA							
11:30-13:00	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Topic Sessions EASO T4 Abstract Session: Maintenance	EASO Sessions EASO-NNF NI Award Session		
	LUNCH BREAK / EXHIBITION AREA (13:00-14:30)							
13:45-15:15	Industry Supported Session Slot 5 13:45-15:15	Industry Supported Session Slot 6 13:45-15:15	Industry Supported Session Slot 7 13:45-15:15		Industry Supported Session Slot 8 13:45-15:15		Posters Viewing 13:00-15:00	
15:15-16:00	Plenary Lecture Track 2 Plenary Lecture Ultra-Processed Foods: The State of the Science and Future Directions for Research and Policy	Industry Supported Session Slot 9 15:15-16:30						
16:00-16:30	COFFEE BREAK / EXHIBITION AREA							
16:30-18:00	Joint Session Joint Session WHO	Accepted Symposia Accepted Symposium	Accepted Symposia Accepted Symposium	Topic Sessions T4 Topic Session: Reframing Diagnosis and Management of Obesity	Accepted Symposia Accepted Symposium	EASO Sessions EASO Early Career Network Session		
18:00-19:30	Industry Supported Session Slot 10 18:00-19:30	Industry Supported Session Slot 11 18:00-19:30					Track Specific Posters Networking Reception: Track 1 and Track 3 18:00-18:45	



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THU

14 MAY 2026, THURSDAY

PROGRAMME AT A GLANCE

	TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA	
08:30-09:15	Plenary Lecture Track 3 Plenary Lecture Double Burden of Underweight & Obesity in Children							
09:30-11:00	Topic Sessions T1 Topic Session The (Epi)genomic Landscape of Obesity 2026 and Beyond	Topic Sessions T2 Topic Session Advanced Measurement of Movement Behaviour	Topic Sessions T3 Topic Session Nutrition & Appetite	Topic Sessions T4 Topic Session EASO COMs Session: OMMs Real World Evidence	Joint Session Joint Session EFAD	Joint Session Joint Session: ESC Obesity and Cardiovascular Disease: Causal Relations and Implications for Prevention and Therapy		
11:00-11:30	COFFEE BREAK / EXHIBITION AREA							
11:30-13:00	Topic Sessions T4 Topic Session: Does Gender Really Matter? Gender Differences in Obesity Management	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Accepted Symposia Accepted Symposium		
13:00-14:30	LUNCH BREAK / EXHIBITION AREA (13:00-14:30)							
13:45-15:15	Industry Supported Session Slot 12 13:45-15:15	Industry Supported Session Slot 13 13:45-15:15	Industry Supported Session Slot 14 13:45-15:15		Industry Supported Session Slot 15 13:45-15:15		Posters Viewing 13:00-15:00	
15:30-16:15	Plenary Lecture Track 4 Plenary Lecture The Growing Role of Artificial Intelligence in Obesity Management							
16:15-16:45	COFFEE BREAK / EXHIBITION AREA							
16:45-18:15	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Joint Session Joint Session: EASL	Joint Session Joint Session: EFAD		
18:15-19:45	Industry Supported Session Slot 16 18:15-19:45	Industry Supported Session Slot 17 18:15-19:45					Track Specific Posters Networking Reception: Track 2 and Track 4 18:15-19:15	



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FRI**

15 MAY 2026, FRIDAY

PROGRAMME AT A GLANCE

	TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA	
08:30-09:15		Special Plenary Session Special Plenary Session						
09:30-11:00		Topic Sessions T1 Topic Session Central Control of Energy Balance	Topic Sessions T2 Topic Session Obesity & Neurodiversity (inc. ADHD, Autism)	Abstract Sessions Abstract Session	Abstract Sessions Abstract Session	Accepted Symposia Accepted Symposium		
11:00-11:30	COFFEE BREAK / EXHIBITION AREA							
11:30-13:00		Topic Sessions T3 Topic Session Obesity Treatment Across its Spectrum	Topic Sessions T4 Topic Session CV Risk Stratification and Intervention in People Living with Obesity	Accepted Symposia Accepted Symposium	Accepted Symposia Accepted Symposium	Accepted Symposia Accepted Symposium		
13:00-13:45					Closing Plenary Session EASO-NNF Obesity Prize for Excellence Update Session			
13:45-14:15					Closing Ceremony			