







TUE	12 MAY 2026, TUESDA	E AT A GLANCE									
	TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION				
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA				
	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops					
		COFFEE BREAK / EXHIBITION AREA (10:00-10:30)									
08:30-12:00	EASO Behaviour, Psychology & Mental Health Working Group	EASO Childhood Obesity Working Group	EASO Obesity Management Working Group and PCDE	EASO Nutrition Working Group and EFAD	EASO Physical Activity, Fitness and Function Working Group	EASO Sarcopenic Obesity and Obesity on Older Adults - SO3A Working Group					
	Topic Sessions	Topic Sessions	Topic Sessions	Topic Sessions	Accepted Symposia	Accepted Symposia					
12:30-14:00	T1 Topic Session Deconvoluting Adipose Tissue Complexity	T2 Topic Session Obesity Stigma: Strategies to Prevent and Reduce Obesity Stigma in Healthcare and Society	T3 Topic Session Neurodevelopmental Disorders & Obesity in Children	T4 Topic Session How to Adapt Lifestyle Intervention in Patients Using Incretin-Based OMM	Accepted Symposium	Accepted Symposium					
			LU	NCH BREAK / EXHIBITION AREA (13:30-14:	30)						
14:15-15:45	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Joint Session	Joint Session					
	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Joint Session: ESC	Joint Session: ISBNPA Ultra-Processed Foods (UPF)					
15:45-16:15				COFFEE BREAK / EXHIBITION AREA							
	Industry Supported Session	Industry Supported Session	Industry Supported Session	Accepted Symposia	Industry Supported Session	Accepted Symposia					
16:15-17:45	Slot 1 16:15-17:45	Slot 2 16:15-17:45	Slot 3 16:15-17:45	Accepted Symposium	Slot 4 16:15-17:45	Accepted Symposium					
17:45-18:30	Opening Plenary Session EASO-NNF Obesity Prize for Excellence										
18:30-19:00	ECO2026 Opening Ceremony										
19.00-21.00							ECO2026 Welcome Reception				









WED	13 MAY 2026, WEDNESDAY PROGRAMME							
TRACK 1 BASIC SCIENCE			TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA	
08:30-09:15	Plenary Lecture Track 1 Plenary Lecture Genomic Variant Interpretation in Human Disease							
	Topic Sessions	Topic Sessions	Topic Sessions	Topic Sessions	Joint Session	Joint Session		
09:30-11:00	T1 Topic Session Interorgan Crosstalk	T2 Topic Session Policy Adoption & Implementation: Evidence-Driven Adoption of Public Health Policies	T3 Topic Session Body Systems in Childhood Obesity	T4 Topic Session Obesity in Older Adults at Risk of Disability	Joint Session: EASD	Joint Sesion: ESE/ESPE		
11:00-11:30				COFFEE BREAK / EXHIBITION AREA				
44 00 40 00	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Topic Sessions	EASO Sessions		
11:30-13:00	Abstract Session	Abstract Session	Abstract Session	Abstract Session	T4 Topic Session: Reframing Diagnosis and Management of Obesity	EASO-NNF NI Award Session		
			LU	NCH BREAK / EXHIBITION AREA (13:00-14:	:30)			
	Industry Supported Session	Industry Supported Session	Industry Supported Session		Industry Supported Session			
13:45-15:15	Slot 5 13:45-15:15	Slot 6 13:45-15:15	Slot 7 13:45-15:15		Slot 8 13:45-15:15		Posters Viewing 13:00-15:00	
	Plenary Lecture	Industry Supported Session						
15:15-16:00	Track 2 Plenary Lecture Ultra- Processed Foods: The State of the Science and Future Directions for Research and Policy	Slot 9 15:15-16:30						
16:00-16:30				COFFEE BREAK / EXHIBITION AREA				
16:30-18:00	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Accepted Symposia	EASO Sessions		
	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Accepted Symposium	EASO Early Career Network Session		
18:00-19:30	Industry Supported Session	Industry Supported Session					Track Specific Posters Networking Reception: Track 1 and Track 3	
	Slot 10 18:00-19:30	Slot 11 18:00-19:30					18:00-18:45	









THU 14 MAY 2026, THURSDAY PROGRAM								
TRACK 1 BASIC SCIENCE		Е	TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA	
08:30-09:15	Plenary Lecture Track 3 Plenary Lecture Double Burden of Underweight & Obesity in Chidlren							
00 00 44 00	Topic Sessions	Topic Sessions	Topic Sessions	Topic Sessions	Joint Session	Joint Session		
09:30-11:00	T1 Topic Session Central Control of Energy Balance	T2 Topic Session Advanced Measurement of Movement Behaviour	T3 Topic Session Nutrition & Appetite	T4 Topic Session EASO COMs Session: OMMs Real World Evidence	Joint Session: WHO	Joint Sesion: IFSO-EC		
11:00-11:30				COFFEE BREAK / EXHIBITION AREA				
	Topic Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Accepted Symposia		
11:30-13:00	T4 Topic Session: Does Gender Really Matter? Gender Differences in Obesity Management	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Accepted Symposium		
			u	UNCH BREAK / EXHIBITION AREA (13:00-14:3	30)			
13:45-15:15	Industry Supported Session	Industry Supported Session	Industry Supported Session		Industry Supported Session		Posters Viewing	
	Slot 12 13:45-15:15	Slot 13 13:45-15:15	Slot 14 13:45-15:15		Slot 15 13:45-15:15		13:00-15:00	
15:30-16:15	Plenary Lecture Track 4 Plenary Lecture The Growing Role of Artificial							
16:15-16:45	Intelligence in Obesity Management	_		COFFEE BREAK / EXHIBITION AREA				
	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Joint Session	Joint Session		
16:45-18:15	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Joint Session: EASL	Joint Session: WCRF		
18:15-19:45	Industry Supported Session	Industry Supported Session					Track Specific Posters Networking Reception: Track 2 and Track 4	
	Slot 16 18:15-19:45	Slot 17 18:15-19:45					18:15-19:15	









FRI	15 MAY 2026, FRIDAY						PROGRAMME AT A GLANCE	
TRACK 1 BASIC SCIENCE		E	TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		RACK 4 MANAGEMENT ITERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA	
08:30-09:15		Special Plenary Session						
		Special Plenary Session						
00.00 44.00		Topic Sessions	Topic Sessions	Abstract Sessions	Abstract Sessions	Accepted Symposia		
09:30-11:00		T1 Topic Session The (Epi)genomic Landscape of Obesity 2026 and Beyond	T2 Topic Session Obesity & Neurodiversity (inc. ADHD, Autism)	Abstract Session	Abstract Session	Accepted Symposium		
11:00-11:30				COFFEE BREAK / EXHIBITION AREA				
		Topic Sessions	Topic Sessions		Abstract Sessions	Accepted Symposia		
11:30-13:00		T3 Topic Session Obesity Treatment Across its Spectrum	T4 Topic Session CV Risk Stratification and Intervention in People Living with Obesity	EU Project Session	Abstract Session	Accepted Symposium		
13:00-13:45					Closing Plenary Session EASO-NNF Obesity Prize for Excellence Update Session			
13:45-14:15					Closing Ceremony			