



**12**  
**TUE**

12 MAY 2026, TUESDAY

**PROGRAMME AT A GLANCE**

TRACK 1  
BASIC  
SCIENCE

TRACK 2  
BEHAVIOURAL SCIENCE  
AND PUBLIC HEALTH

TRACK 3  
CHILDHOOD AND  
ADOLESCENT OBESITY

TRACK 4  
OBESITY MANAGEMENT  
AND INTERVENTION

TIME	HALL 1 2,200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1,280 PAX	HALL 6 480 PAX	MEETING ROOM 36 100 PAX	EXHIBITION AREA
	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	
	COFFEE BREAK / EXHIBITION AREA (10:00-10:30)							
08:30-12:00	EASO Obesity Management Working Group and PCDE	EASO Nutrition Working Group and EFAD	EASO Behavioural, Psychology & Mental Health Working Group	EASO Childhood Obesity Working Group	EASO Physical Activity, Fitness and Function Working Group	EASO Sarcopenic Obesity and Obesity on Older Adults - SO3A Working Group Workshop	Basic & Discovery Science Working Group	
12:30-14:00	Topic Sessions T4 Topic Session: How to Adapt Lifestyle Intervention in Patients Using Incretin-Based OMM	Topic Sessions T2 Topic Session: Obesity Stigma: Strategies to Prevent and Reduce Obesity Stigma in Healthcare and Society	Topic Sessions T3 Topic Session: Neurodevelopmental Disorders & Obesity in Children	Topic Sessions T1 Topic Session: Deconvoluting Adipose Tissue Complexity	Accepted Symposium The Nature Medicine Commission on Data-Driven Prevention and Management of Obesity	Accepted Symposium Importance of Weight Management in Women's Health		
	LUNCH BREAK / EXHIBITION AREA (13:30-14:30)							
14:15-15:45	Abstract Sessions T4 Abstract Session: Pharmacotherapy-1	Abstract Sessions T2 Abstract Session: Food, Physical Activity and Sedentary Behavioural	Abstract Sessions T3 Abstract Session: From Genetic Blueprint To Clinical Care In Children	Abstract Sessions T1 Abstract Session: Adipose Tissue Biology, Energy Metabolism and Health	Joint Session Joint Session: International Policy Symposium	EASO Sessions EASO Session: Public Health Working Group	x	
15:45-16:15	COFFEE BREAK / EXHIBITION AREA							
16:15-17:45	Industry Supported Session Slot 1 16:15-17:45	Industry Supported Session Slot 2 16:15-17:45	Industry Supported Session Slot 3 16:15-17:45	Accepted Symposium Accepted Symposium: Pregnancy: a good time for weight-loss?	Industry Supported Session Slot 4 16:15-17:45	Accepted Symposium Accepted Symposium: Furthering our understanding of eating disorder risk during obesity treatment: Findings from the EDIT Collaboration		
17:45-18:30	Opening Plenary Session: EASO-NNF Obesity Prize for Excellence							
18:30-19:00	ECO2026 Opening Ceremony							
19:00-20:00								ECO2026 Welcome Reception



**13**  
WED

13 MAY 2026, WEDNESDAY

**PROGRAMME AT A GLANCE**

	TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION
TIME	HALL 1 2,200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1,280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-09:15	Plenary Lecture Track 1 Plenary Lecture: Machine Learning Approaches for Predicting Functional Consequences of Human Genetic Variants						
09:30-11:00	Joint Session EASD Metabolic Health Across the Lifespan: Sex- and Age-Specific Challenges	Topic Sessions T2 Topic Session: Policy Adoption & Implementation: Evidence-Driven Adoption of Public Health Policies	Topic Sessions T3 Topic Session: Obesity-Driven Tissue Dysfunction and the Road Back	Topic Sessions T1 Topic Session: Interorgan Crosstalk	Topic Sessions T4 Topic Session: Obesity in Older Adults at Risk of Disability	Joint Session ESPE	
11:00-11:30	COFFEE BREAK / EXHIBITION AREA						
11:30-13:00	Abstract Sessions T4 Abstract Session: Maintenance	Abstract Sessions T2 Abstract Session: Environment and Public Health Policy	Abstract Sessions T3 Abstract Session: From Origins to Outcomes: Lifecourse Exposures In And Across Generations	Abstract Sessions T1 Abstract Session: Organ Crosstalk in Metabolic Disease: Gut-Liver-Brain Axes and Cellular Adaptation	Abstract Sessions T4 Abstract Session: Digital Solutions to Obesity	EASO Sessions EASO-NNF NI Award Session	
13:00-14:30	LUNCH BREAK / EXHIBITION AREA (13:00-14:30)						
13:45-15:15	Industry Supported Session Slot 5 13:45-15:15	Industry Supported Session Slot 6 13:45-15:15	Industry Supported Session Slot 7 13:45-15:15		Industry Supported Session Slot 8 13:45-15:15		Posters Viewing 13:00-15:00
15:15-16:00	Plenary Lecture Track 2 Plenary Lecture: Ultra-Processed Foods: The State of the Science and Future Directions for Research and Policy	Industry Supported Session Slot 9 15:15-16:30					
16:00-16:30	COFFEE BREAK / EXHIBITION AREA						
16:30-18:00	Topic Sessions T4 Topic Session: Reframing Diagnosis and Management of Obesity	ECPO Session	Joint Session IFSO-EC	Joint Session WHO	EASO Sessions EASO Paediatric COMs	EASO Sessions EASO Early Career Network (ECN) Best Thesis Award 2026	
18:00-19:30	Industry Supported Session Slot 10 18:00-19:30	Industry Supported Session Slot 11 18:00-19:30					Track Specific Posters Networking Reception: Track 1 and Track 3 18:00-19:00



**14**  
**THU**

14 MAY 2026, THURSDAY

**PROGRAMME AT A GLANCE**

	TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2,200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1,280 PAX	HALL 6 480 PAX	EXHIBITION AREA	ECN LOUNGE
08:30-09:15	Plenary Lecture Track 3 Plenary Lecture: Double Burden of Underweight & Obesity in Children							
09:30-11:00	Topic Sessions T4 Topic Session: EASO COMs Session: OMMs - Real-world Evidence	Topic Sessions T2 Topic Session: Advanced Measurement of Movement Behavioural	Topic Sessions T3 Topic Session: Hungry by Design?	Topic Sessions T1 Topic Session: The (Epi)genomic Landscape of Obesity in 2026 and Beyond	Joint Session ESC Obesity and Cardiovascular Disease: Causal Relations and Implications for Prevention and Therapy	Joint Session EFAD		
11:00-11:30	COFFEE BREAK / EXHIBITION AREA							
11:30-13:00	Topic Sessions T4 Topic Session: Does Gender Really Matter? Gender Differences in Obesity Management	Abstract Sessions T1 Abstract Session: Novel Drugs and Mechanisms of Action	Abstract Sessions T2 Abstract Session: Eating Behaviours and Obesity	Abstract Sessions T3 Abstract Session: Pharmacotherapy in Child & Adolescent Management: Opportunities and Challenges	Abstract Sessions T4 Abstract Session: Hot Topics	Accepted Symposium Treating to Target in Obesity Care: Evolving Approaches in Obesity Management		EASO Sessions EASO - NNF 2025 Award Winners Review Session
13:45-15:15	Industry Supported Session Slot 12 13:45-15:15	Industry Supported Session Slot 13 13:45-15:15	Industry Supported Session Slot 14 13:45-15:15		Industry Supported Session Slot 15 13:45-15:15		Posters Viewing 13:00-15:00	
15:30-16:15	Plenary Lecture Track 4 Plenary Lecture: The Growing Role of Artificial Intelligence in Obesity Management							
16:15-16:45	COFFEE BREAK / EXHIBITION AREA							
16:45-18:15	Abstract Sessions T4 Abstract Session: Complications	Abstract Sessions T2 Abstract Session: Trends and Disparities in Weight Change	Abstract Sessions T1 Abstract Session: Diet, Body Composition and Cardiometabolic Complications	EASO Sessions EASO Guidelines Session	Joint Session Joint Session: EASL	Accepted Symposium TBC		
18:15-19:45	Industry Supported Session Slot 16 18:15-19:45	Industry Supported Session Slot 17 18:15-19:45					Track Specific Posters Networking Reception: Track 2 and Track 4 18:00-19:05	



**15 FRI**

15 MAY 2026, FRIDAY

**PROGRAMME AT A GLANCE**

	TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2,200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1,280 PAX	HALL 6 480 PAX	EXHIBITION AREA	
08:30-09:15		Special Plenary Session Neurobiological Drivers of Appetite and Reward						
09:30-11:00		Topic Sessions T1 Topic Session: Central Control of Energy Balance	Topic Sessions T2 Topic Session: Obesity & Neurodiversity (inc. ADHD, Autism)	Abstract Sessions T3 Abstract Session: Management Targets Beyond Weight in Children	Abstract Sessions T4 Abstract Session: Pharmacotherapy-2	Accepted Symposium From Guidelines to Person-Centred Integrated Care: Improving Outcomes for patients living with or at risk of Obesity-related HFpEF		
11:00-11:30	COFFEE BREAK / EXHIBITION AREA							
11:30-13:00		Topic Sessions T3 Topic Session: Obesity Treatment Across its Spectrum	Accepted Symposium New advances and insights in modelling childhood and adolescent obesity	Accepted Symposium Neural circuit origins of obesity: From developmental wiring to pharmacological rewiring	Topic Sessions T4 Topic Session: CV Risk Stratification and Intervention in People Living with Obesity	Joint Session Joint Session: AOASO		
13:00-13:45					Closing Plenary Session EASO-NNF Obesity Prize for Excellence Update Session			
13:45-14:15					Closing Ceremony			