

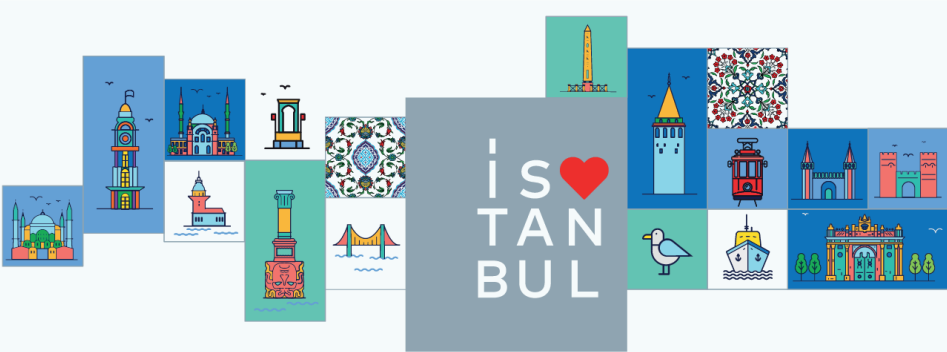
12

TUE

12 MAY 2026, TUESDAY

PROGRAMME AT A GLANCE

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1,280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-12:00	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	EASO Teaching Workshops	
	COFFEE BREAK / EXHIBITION AREA (10:00-10:30)						
	EASO Behaviour, Psychology & Mental Health Working Group	EASO Childhood Obesity Working Group	EASO Obesity Management Working Group and PCDE	EASO Nutrition Working Group and EFAD	EASO Physical Activity, Fitness and Function Working Group	EASO Sarcopenic Obesity and Obesity on Older Adults - SO3A Working Group	
12:30-14:00	Topic Sessions	Topic Sessions	Topic Sessions	Topic Sessions	Accepted Symposia	Accepted Symposia	
	T1 Topic Session Deconvoluting Adipose Tissue Complexity	T2 Topic Session Obesity Stigma: Strategies to Prevent and Reduce Obesity Stigma in Healthcare and Society	T3 Topic Session Neurodevelopmental Disorders & Obesity in Children	T4 Topic Session How to Adapt Lifestyle Intervention in Patients Using Incretin-Based OMM	Accepted Symposium	Accepted Symposium	
14:15-15:45	LUNCH BREAK / EXHIBITION AREA (13:30-14:30)						
	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Joint Session	Joint Session	
	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Joint Session: ESC	Joint Session: ISBNPA Ultra-Processed Foods (UPF)	
15:45-16:15	COFFEE BREAK / EXHIBITION AREA						
16:15-17:45	Industry Supported Session	Industry Supported Session	Industry Supported Session	Accepted Symposia	Industry Supported Session	Accepted Symposia	
	Slot 1 16:15-17:45	Slot 2 16:15-17:45	Slot 3 16:15-17:45	Accepted Symposium	Slot 4 16:15-17:45	Accepted Symposium	
17:45-18:30	Opening Plenary Session EASO-NNF Obesity Prize for Excellence						
18:30-19:00	ECO2026 Opening Ceremony						
19.00-21.00							ECO2026 Welcome Reception



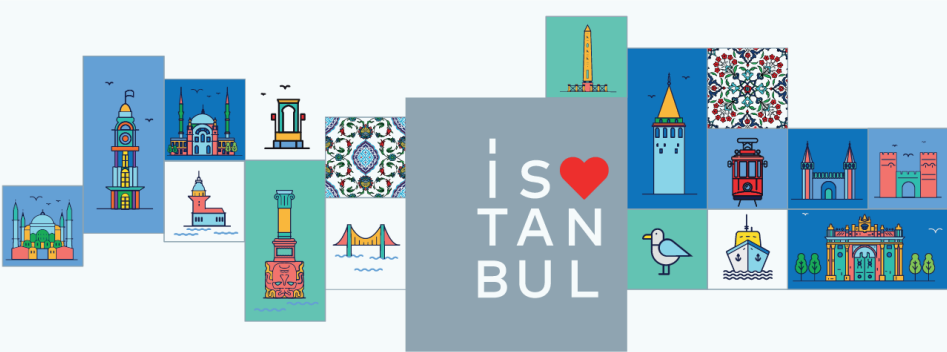
13

WED

13 MAY 2026, WEDNESDAY

PROGRAMME AT A GLANCE

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1,280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-09:15	Plenary Lecture						
	Track 1 Plenary Lecture Genomic Variant Interpretation in Human Disease						
09:30-11:00	Topic Sessions	Topic Sessions	Topic Sessions	Topic Sessions	Joint Session	Joint Session	
	T1 Topic Session Interorgan Crosstalk	T2 Topic Session Policy Adoption & Implementation: Evidence-Driven Adoption of Public Health Policies	T3 Topic Session Body Systems in Childhood Obesity	T4 Topic Session Obesity in Older Adults at Risk of Disability	Joint Session: EASD	Joint Session: ESE/ESPE	
11:00-11:30	COFFEE BREAK / EXHIBITION AREA						
11:30-13:00	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Topic Sessions	EASO Sessions	
	Abstract Session	Abstract Session	Abstract Session	Abstract Session	T4 Topic Session: Reframing Diagnosis and Management of Obesity	EASO-NNF NI Award Session	
	LUNCH BREAK / EXHIBITION AREA (13:00-14:30)						
13:45-15:15	Industry Supported Session	Industry Supported Session			Industry Supported Session		Posters Viewing 13:00-15:00
	Slot 5 13:45-15:15	Slot 6 13:45-15:15			Slot 7 13:45-15:15		
15:15-16:00	Plenary Lecture						
	Track 2 Plenary Lecture Ultra-Processed Foods: The State of the Science and Future Directions for Research and Policy						
16:00-16:30	COFFEE BREAK / EXHIBITION AREA						
16:30-18:00	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Accepted Symposia	EASO Sessions	
	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Accepted Symposium	EASO Early Career Network Session	
18:00-18:45							Track Specific Posters Networking Reception: Track 1 and Track 3



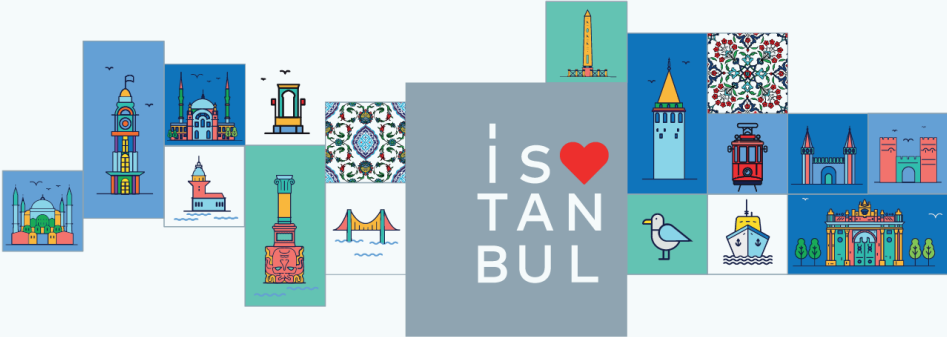
14

THU

14 MAY 2026, THURSDAY

PROGRAMME AT A GLANCE

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1,280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-09:15	Plenary Lecture						
	Track 3 Plenary Lecture Double Burden of Underweight & Obesity in Chidlren						
09:30-11:00	Topic Sessions	Topic Sessions	Topic Sessions	Topic Sessions	Joint Session	Joint Session	
	T1 Topic Session Central Control of Energy Balance	T2 Topic Session Advanced Measurement of Movement Behaviour	T3 Topic Session Nutrition & Appetite	T4 Topic Session EASO COMs Session: OMMs Real World Evidence	Joint Session: WHO	Joint Sesion: IFSO-EC	
11:00-11:30	COFFEE BREAK / EXHIBITION AREA						
11:30-13:00	Topic Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Accepted Symposia	
	T4 Topic Session: Does Gender Really Matter? Gender Differences in Obesity Management	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Accepted Symposium	
13:45-15:15	LUNCH BREAK / EXHIBITION AREA (13:00-14:30)						
	Industry Supported Session	Industry Supported Session			Industry Supported Session		Posters Viewing 13:00-15:00
	Slot 8 13:45-15:15	Slot 9 13:45-15:15			Slot 10 13:45-15:15		
15:30-16:15	Plenary Lecture						
	Track 4 Plenary Lecture The Growing Role of Artificial Intelligence in Obesity Management						
16:15-16:45	COFFEE BREAK / EXHIBITION AREA						
16:45-18:15	Abstract Sessions	Abstract Sessions	Abstract Sessions	Abstract Sessions	Joint Session	Joint Session	
	Abstract Session	Abstract Session	Abstract Session	Abstract Session	Joint Session: EASL	Joint Session: WCRF	
18:15-19:15							Track Specific Posters Networking Reception: Track 2 and Track 4



15

FRI

15 MAY 2026, FRIDAY

PROGRAMME AT A GLANCE

TRACK 1 BASIC SCIENCE		TRACK 2 BEHAVIOURAL SCIENCE AND PUBLIC HEALTH		TRACK 3 CHILDHOOD AND ADOLESCENT OBESITY		TRACK 4 OBESITY MANAGEMENT AND INTERVENTION	
TIME	HALL 1 2200 PAX	HALL 2 680 PAX	HALL 3 640 PAX	HALL 4 400 PAX	HALL 5 1.280 PAX	HALL 6 480 PAX	EXHIBITION AREA
08:30-09:15		Special Plenary Session					
		Special Plenary Session					
09:30-11:00		Topic Sessions	Topic Sessions	Abstract Sessions	Abstract Sessions	Accepted Symposia	
		T1 Topic Session The (Epi)genomic Landscape of Obesity 2026 and Beyond	T2 Topic Session Obesity & Neurodiversity (inc. ADHD, Autism)	Abstract Session	Abstract Session	Accepted Symposium	
11:00-11:30	COFFEE BREAK / EXHIBITION AREA						
11:30-13:00		Topic Sessions	Topic Sessions	EU Project Session	Abstract Sessions	Accepted Symposia	
		T3 Topic Session Obesity Treatment Across its Spectrum	T4 Topic Session CV Risk Stratification and Intervention in People Living with Obesity		Abstract Session	Accepted Symposium	
13:00-13:45					Closing Plenary Session EASO-NNF Obesity Prize for Excellence Update Session		
13:45-14:15					Closing Ceremony		